

ARBOR

RESTAURANT

Good morning! We hope you had a lovely night's sleep. The best days start with a delicious breakfast so allow us to get your day off to a perfect start!

From The Buffet

Pastries	Juices	Dorset Natural Yoghurt (Milk)	Cereals
All Butter Croissants (V) (Gluten, Eggs, Milk)	Freshly Squeezed Orange Juice	Toasted Seeds (sesame)	Gluten Free Cornflakes
Mini Danish Pastries (V) (Gluten, Eggs, Milk, Soya, Nuts)	Freshly Squeezed Apple Juice	Fruits	Granolas (Nuts, Gluten)
Breakfast Muffins (Ve) (Gluten)	The Green House Smoothie	Fresh Fruit Salad (Ve)	Coco Pops (Gluten)
Overnight Oats (Milk, Gluten)		Fruit Bowl (Ve)	Weetabix (Gluten)
		Earl Grey-soaked Prunes (Ve)	Rice Crispies (Gluten)
		Sour Cherries (Ve)	
		Blueberry Compote (Ve)	

From The Kitchen

Full English Breakfast (Gluten, Eggs, Sulphites, Soya) Egg cooked to your liking, Traditional Pork Sausage and Bacon, Field Mushroom, Grilled Tomato, Baked Beans & Black Pudding.	Eggs Forestiere (V) (Gluten, Eggs, Milk, Soya) English Muffin, Poached Eggs, Grilled Mushroom, Hollandaise.	Eggs Benedict (Eggs, Milk, Gluten, Soya Sulphites) English Muffin, Bacon, Poached Eggs, Hollandaise.	Vegetarian Breakfast (V) (Eggs, Milk) Egg cooked to your liking, Garden Vegetable Sausage, Grilled Halloumi, Field Mushroom & Grilled Tomato, Baked Beans.
American Style Pancakes (Gluten, Egg, Milk) Fluffy American pancakes with Maple Syrup	Eggs Hebridean (Gluten, Eggs, Milk, Soya) English Muffin, Poached Eggs, Black Pudding, Hollandaise.	Eggs Royale (Eggs, Milk Fish, Soya) English Muffin, Smoked Salmon, Poached Eggs, Hollandaise.	Avocado on Toasted Ciabatta (V) (Gluten, Egg) With sundried tomatoes and toasted seeds, Poached Eggs (Vegan Without Egg, Gluten Free with GF Bread))
Plant Based Breakfast (Ve) (No Allergens) Garden Vegetable Sausage, Field Mushroom & Grilled Tomato, Baked Beans, Spinach, Sauté Potatoes	Creamy Porridge (V) (Gluten, Milk) Served with Honey or Maple Syrup (Can be made with Plant based Milk and/or Gluten Free Oats)	3 Egg Omelette (Eggs, Milk) (Choice of Cheese, Mushroom, Spinach, Bacon, or Tomato)	Mushrooms on Toasted Ciabatta (V) (Gluten, Milk, Egg) Fried Mushrooms with a dash of Truffle Oil on top Toasted Ciabatta with a Fried Egg (Vegan without Egg, Gluten Free with GF Bread)
	Smoked Salmon, Scrambled Egg and Rye Toast (Gluten, Egg, Fish) Smoked Salmon with fluffy Eggs and Rich Toasted Rye Bread (GF with Gluten Free Bread)		

V = Vegetarian, Ve = Vegan Suitable. Allergens in (brackets) are present within the dish. Please check as some may be removed.

Please inform a member of staff of any guest's dietary requirements to ensure there is no cross confirmation as allergens are used in our kitchen. All measures are taken to ensure we are attentive to guests' requirements, however, please note that we cannot guarantee there would be no trace of allergens.